

Conditions I can help with:

- Chronic Pain
- Lymphatic Disorders
- Low Back Pain
- Headaches
- Sports Injuries
- Menstrual Pain
- Neck Pain
- Knee Pain
- Shoulder Pain
- TMJ (jaw problems)
- & more...

Healthcare Service:

- Health Risk Reduction
- Weight Management
- Tobacco Cessation
- Stress Management Skills
- Wellness Care
- Exercise Programming
- Nutrition Programming
- Corporate Wellness Consulting
- Manual Lymphatic Drainage

“We lay much stress on the uses of blood and the power of the nerves, but have we any evidence that they are of more vital importance than the lymphatics? If not, let us halt at this universal systems of irrigation, and study its great uses in sustaining animal life.”

Dr. Still, D.O.

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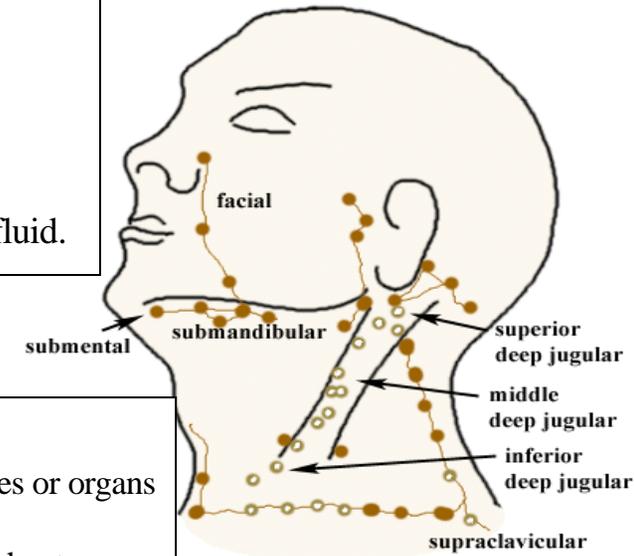
Dr. Robert Manfredini, D.N.
Naprathic & Wellness



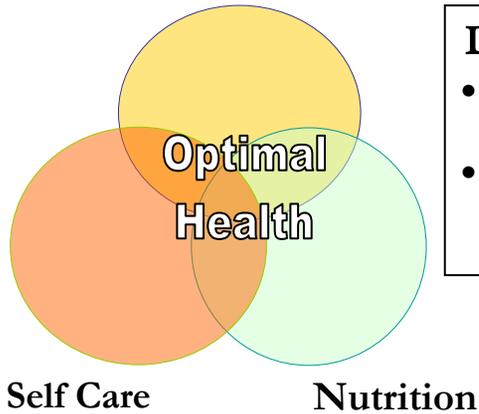
*~ Strong Body
~ Strong Mind
~ Strong Spirit*

Lymphatics?

- They sustain life:
 1. A defense system,
 2. A vital transport system, and
 3. The ultimate-internal-environment-management system.
- Vessels & processing centers (...swollen nodes) that breakdown foreign materials and filter fluid.



Manual Lymph Drainage



Lymphedema?

- Edema is the accumulation of an excessive amount of fluid in tissues or organs resulting in swelling.
- Lymphedema is the retention of lymph fluid in the skin and subcutaneous tissue.

Lymphedema Risk factors:

- Breast cancer surgery;
- Cancer radiation therapy;
- Cancer of the lymph nodes;
- Infection;
- Chronic Venous Insufficiency – potentially.
- Filiarisis (a parasitic infection transmitted to humans by mosquito bites).

Manual Lymph Drainage?

- A special form of massage that literally pushes excess lymph fluid from swollen tissue to the circulatory system.
- A full body treatment can take up to 2½- hours to perform.
- Used in Europe for anti-aging as well as edema control.

Call 1.847.533.7404 to schedule your appointment!

Lymphedema affects the whole person's life; not just the effected limb(s). Proper management is key to avoiding the development of fibrotic tissue (stiff, inflexible), pain, or leaking of lymphatic fluid from the skin.

“Live well, think well, & be well!”